

2009 Winter Training (CT)

The Mind Body Fertility Program



The 2009 Winter training will be held Jan. 16-18 at the charming Avon Old Farms Hotel in Avon, Ct.

There will be an opening wine and cheese reception on Friday, Jan. 16 at 6:30 PM and an overview introductory presentation by the program director, *Diane Johnston*.

Breakfast and lunch as well as morning and afternoon coffee break/ snacks will be provided both Saturday and Sunday. In addition to the excellent Seasons Restaurant at Avon Old Farms, find below a list of popular Avon restaurants for dinner.

The hotel, situated in the scenic Farmington Valley, is an elegant luxury country hotel. Amenities include an outdoor pool and snack bar, exercise fitness and sauna, complimentary parking and shuttle from Bradley Int. Airport, high speed internet access and complimentary gourmet coffee bar.

The group rate is \$179 for single or double occupancy. Reservations can be made calling 800-836-4000 and requesting the Mind Body Training block.

Tuition for accredited program: \$950.

Avon Restaurants

Barcelona
971 Farmington Ave.
West Hartford, Ct. 06107

The Elbow Room
986 Farmington Ave.
West Hartford, Ct. 06107

Max-a-Mia
70 East Main St.
Avon, Ct. 06001

Mind Body Fertility Training
181 Post Road West, Westport, CT 06880
www.mind-body-fertility.com
212 642.8890 / 203 226.6688